

No Peace without Truth

PETER GREBOT - MARCH 2021



Sounds a very simple statement but the reverberations of which, if we really go into it, are enormous.

If we start with the political situation in the world today, so much of what we are told is spin and 'fake' news, it's little wonder that there is so much conflict. All of these half-truths (at best) are being thrown back and forth between politicians and nations, but to what end? To gain an advantage, control, to protect our interests, to have power over us and the other side apparently wanting the same or at least not willing to be manipulated by the other.

That's not difficult to see, but what is a little bit more disagreeable to see is that we often do the same thing in our personal lives with others; our friends, colleagues, loved ones. Nice people as we are, if we think and feel like a separate self this has to be the case, because deep down the separate self feels lonely and insecure.

It thinks that by having more apparent control it will feel secure. It doesn't matter what you put in place to protect yourself, like money, material goods, your job, relationships etc. you will ALWAYS feel insecure as a separate self.

There is good news however; what if the so called separate self isn't the truth? What if it doesn't really exist, even though it looks that way? Then **Truth** could shine through, peace would prevail because there wouldn't be a "person" that needed to manipulate the truth in order to feel secure. All sounds very far fetched doesn't it, but the only question you have to ask yourself is; are you at least willing to consider the possibility?

A reminder about the 'Awaken' Total Immersion (Online) Program.

Given our current situation, with lock-down restrictions in most countries, sadly it's difficult to plan a retreat until we know for sure when these restrictions are going to be lifted.

We've had several inquiries asking if we can facilitate something online, which is a challenge in itself, as this work really is best experienced with everyone 'in the room' and living in community for the duration of the retreat, which is normally a week.

However, due to our current situation, we have given the idea of an online alternative some serious consideration, and so we are delighted to say we have created the 'Awaken' program, which we are confident will work online, in a small closed group, providing those who sign-up are committed to what the program involves.

Through our HOW model (Honesty, Openness, & Willingness) this is an invitation to open up to the possibility of an alternative way of being.



To free yourself from unwanted, limiting beliefs that may be holding you back from enjoying an enriched and more fulfilling life.

Each session will last (upto) 2.5 hrs once a week, for 6 consecutive weeks. This is intensive work, therefore, each session must be uninterrupted and require your complete attention. You must also be able to attend the entire program and respect the commitment required of you as it's imperative to the work and your fellow participants.

If we have enough interest from people wishing to participate, we'll be able to run the program from April (dates to be confirmed).

We're in the process of finanlising the details and more information will follow shortly.

In the meantime, if you are interested, email: maria@knowingconsciousness.com

Our next online meeting will be Sunday 28th March at 14:00 GMT/15:00 CET

Look out for further details from Regis Pradal, Jana Joanna Milbou or Maria Casale. You can also visit -

knowingconsciousness.com

